

As an insurance agent working directly with customers to help them with their [home insurance and auto insurance](#)

, I see lots of accidents that turn into insurance claims. The most common type of kitchen fire that I see in this business is the fire that is started by grease catching on fire in a pan on the stove. The danger of this kind of fire is often exacerbated by the way people attempt to put it out. This blog will show you a safety tip that you should share with all of your friends and relatives. This knowledge could save a life or at the very least, might save a kitchen or a home from total destruction.

Grease fires are a special type of problem. And the ways in which you approach this fire can make the difference between a small isolated event in your kitchen and the loss of your home and your personal possessions. If you throw water onto a grease fire, the water, which is heavier than the oil, will sink to the bottom, then become superheated and the steam will push its way up and out of the pan. The force of this kind of explosion can be quite stunning and worst of all, this explosion will smear burning oil all over the kitchen from the ceiling to the walls. After this has happened, the best course of action would be to get out of the house and call the fire department.

Often people unknowingly spread misinformation about how to put out a grease fire. These include throwing flour or sugar on a grease fire in a pan. Both of these are very dangerous strategies, in fact it is estimated that throwing one cup of flour or sugar on a burning grease fire in a pan can create an explosion with the force of up to two sticks of dynamite.

Fortunately, there is a simple and low tech solution for putting out this type of fire.

Step 1 – Turn off the heat on the burner.

Step 2 – Rinse a dish towel fully in water and then wring it out.

Step 3 – Carefully place the wet dishtowel over the burning pan of grease and wait for it to cool down.

I have found a short video on youtube that you can watch to see a demonstration of this technique. Please take 30 seconds to watch this short video and then teach this to your children and those you love. This knowledge could save the life of someone you love. [To see this 30 second video, please click here.](#)

At Clinard Insurance Group, in Winston Salem, NC, we want all insurance consumers to be informed buyers. But beyond that, we want people to have the safety knowledge that can save lives in an emergency situation. If we can help you with your [auto insurance](#) , your [home insurance](#) ,

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